

What is an Active Shooter?

An active shooter is an armed individual who has used deadly force and continues to do so with unrestricted access. The incident may be over quickly and can occur anytime and any anywhere. It can involve single shooters, multiple shooters, close encounters, distant encounters, random victims, and mobile confrontations.

Unfortunately, college campuses are not immune from this rare emergency, and preparation for responding is prudent.

Developing a Survival Mindset

Survival Mindset can provide a strong foundation upon which to base decisions and your course of actions. It enables you to act quickly and effectively. It is comprised of three components; awareness, preparation, and rehearsal.

Awareness

- Gain a basic understanding of situation.
- Become attuned to your environment.

Preparation

- Looking at your environment through the lens of survival.
- “What if” questions are critical in developing effective response strategies.
- Survivors prepare themselves both mentally and emotionally to do whatever it takes to survive.

Rehearsal

- Mentally or physically practicing your plan
- Will reduce response time and build confidence.
- A survival inoculation.

Prepared versus Unprepared

Prepared	Unprepared
Startle and Fear	Startle and Fear
Feel Anxious	Panic
Recall what they have learned	Fall into disbelief
Prepare to act as rehearsed	Lost in denial
Commit to action	Descend into helplessness

Courses of Action in an Active Shooter Situation:



Get Out

- Move quickly; don't wait for others to validate your decision.
- Leave belongings behind.
- Survival chances increase if not where shooter is or to go where he can't see you.



Call Out

- Inform authorities.
- Call 5111 or 9-1-1 and tell them name of shooter (if known), shooter description, location, number and type of weapons.



Hide Out

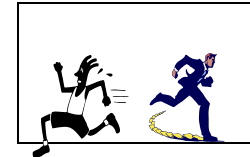
- If unable to get out because shooter is between you and the only exit, hide.
- Hiding place should be well hidden and well protected.

- Avoid places that might trap you or restrict movement.



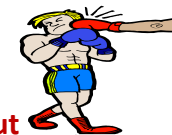
Keep Out

- Find a room that can be locked with objects to hide behind.
- Blockade door with heavy furniture.
- Turn out lights; become totally silent.
- Turn off noise-producing devices.
- Call 5111 or 9-1-1 (If you can do so without alerting the shooter).



Spread Out

- If there are two or more of you, DO NOT huddle together. It gives you options and makes it harder for the shooter.
- Quietly develop a plan of action in the event the shooter enters.
- Remain calm. It keeps others focused on survival.



Take Out

- Assume shooter's intentions are lethal
- Shooter will succeed in killing all those with whom he comes in contact, UNLESS you stop him.
- Develop a survival mindset that you have “what it takes” to survive when your life is on the line.
- You must be prepared to do whatever it takes to neutralize the threat.
- Throw things, yell, use improvised weapons
- If two or more of you, make a plan to overcome the shooter.

Arm Yourself with a Survival Mindset

“Figure out”

“Get out”

“Call out”

“Hide out”

“Keep out”

“Spread out”

“Take out”

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ACTIVE SHOOTER

A SURVIVAL MINDSET

